



Panther Café

November 2022

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
		1 Salisbury Steak with Mashed Potatoes & Veggie	2 Mac Cheese with Corn & Sliced Apples	3 Beef Empanada with Chips & Salsa	4 Early Release Pizza Friday	5
6	7 Chicken Teriyaki with Rice & Vegetable Spring Roll	8 Meatball Calzone with Chips	9 Grilled Cheese with Tomato Soup & Fruit Cup	10 Pizza	11 NO SCHOOL	12
13	14 Breakfast Waffles with Tater Tots & Sausage	15 Taco Bowl Beef, Rice, Beans & Corn	16 Early Release Philly Cheesesteak with Chips	17 Hot Turkey with Mashed Potatoes & Green Beans	18 Pizza Friday	19
20	21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL	24 HAPPY THANKSGIVING	25 NO SCHOOL	26
27	28 Spaghetti with Meat Sauce, Roll & Veggie	29 Chicken Quesadilla with Chips & Salsa	30 Pulled Pork Sandwich with Mac & Cheese			

A La Carte

Entrée Salads:

Caesar Salad, Garden Salad \$5.25
Chicken Caesar Salad, Tuna Salad \$5.85

Pizza Days:

Cheese Slice \$3.00
Cheese Slice with chips and drink \$4.75
Pepperoni Slice \$3.25
Pepperoni Slice with chips and drink \$5.00

Sandwiches:

Turkey sandwich \$4.75
Turkey sandwich with chips and drink \$5.50
Chicken Caesar wrap \$5.00
Chicken Caesar wrap with chips and drink \$5.75

Snacks: \$1.00 - \$1.50

Assorted chips Choc. Chip Cookie Yogurt
Nutri-Grain bar Rice Krispies Treat String Cheese
Plain bagel with cream cheese or butter \$ 2.95

Drinks: \$1.00

Water
White milk
Chocolate milk
Orange juice
Apple juice

Hot Meal of the Day:

Preschool: \$4.75 with drink \$5.00
K-8: \$5.50 with drink \$6.75

Monday – Thursday A La Carte

Chicken Nuggets \$3.50
French Fries \$2.00

Friday's A La Carte

Hot Dog \$3.50