



Panther Café

September 2021

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Baked Chicken Alfredo with Broccoli & Cup of Fruit	2 Soft Beef Tacos with Corn & Yellow Rice	3 Pizza	4
5	6 NO SCHOOL	7 Cheese Ravioli with Veggie Medley & Applesauce	8 Breakfast French Toast Sticks, Sausage & Hash Browns	9 Chicken Quesadilla with Mexican Rice & Black Beans	10 Pizza	11
12	13 Chicken Tenders with Mashed Potatoes & Carrots	14 Buttered Noodles with Breadstick & Cup of Fruit	15 Early Release Meatball Sub with Chips	16 Burger or Cheeseburger with Tater Tots	17 Pizza	18
19	20 Mac And Cheese with Corn & Sliced Apples	21 Nachos Beef, Cheese, Salsa & Tortilla Chips	22 BBQ Chicken Sandwich with Baked Beans & Fruit Cocktail	23 Baked Ziti with Garlic Bread & Veggie	24 Pizza	25
26	27 Chicken Teriyaki with Vegetable Egg Roll & Broccoli	28 Salisbury Steak with Mashed Potatoes & Fresh Fruit	29 Spaghetti with Meat Sauce with Roll and Green Beans	30 Chicken Parmesan Sub with Cup of Fruit		

A La Carte

Entrée Salads:

Caesar Salad, Garden Salad \$4.50
Chicken Caesar Salad, Tuna Salad \$5.00

Pizza Days:

Cheese Slice \$3.00
Cheese Slice with chips and drink \$4.75
Pepperoni Slice \$3.25
Pepperoni Slice with chips and drink \$5.00

Sandwiches:

Turkey sandwich \$4.50
Turkey sandwich with chips and drink \$5.00
Chicken Caesar wrap \$4.25
Chicken Caesar wrap with chips and drink \$5.50

Snacks: \$1.00

Assorted chips Choc. Chip Cookie Jell-O cups
Nutri-Grain bar Rice Krispies Treat
Plain bagel with cream cheese or butter \$ 2.75

Drinks: \$1.00

Water
White milk
Chocolate milk
Orange juice
Apple juice

Hot Meal of the Day:

Preschool: \$4.50 with Drink \$4.75
K-8: \$5.50 with Drink \$5.75