



Panther Café

January 2022

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3 NO SCHOOL	4 Taco Tuesday Soft Beef Tacos with Rice & Corn	5 Chicken Nuggets with Mac Cheese & Fruit Cup	6 Buttered Noodles with Breadstick & Veggie	7 Pizza Friday	8
9	10 Grilled Ham & Cheese with Tomato Soup & Sliced Apples	11 Taco Tuesday Soft Beef Tacos with Chips & Salsa	12 Baked Ziti with Roll & Veggie	13 Salisbury Steak with Mashed Potatoes & Green Beans	14 Pizza Friday	15
16	17 NO SCHOOL	18 Taco Tuesday Soft Beef Tacos with Rice & Beans	19 EARLY RELEASE Chicken Parmesan Sub with Chips	20 Cheese Ravioli with Veggie Medley & Applesauce	21 Pizza Friday	22
23	24 Meatball Calzone with Chips	25 Taco Tuesday Soft Beef Tacos with Mexican Rice & Corn	26 Pancake, Hash Brown & Bacon	27 Chicken Quesadilla with Cheese, Tortilla Chips & Salsa	28 Pizza Friday	29
30	31 Chicken Teriyaki with Vegetable Spring Roll & Broccoli					

A La Carte

Entrée Salads:

Caesar Salad, Garden Salad \$4.50
Chicken Caesar Salad, Tuna Salad \$5.00

Pizza Days:

Cheese Slice \$3.00
Cheese Slice with chips and drink \$4.75
Pepperoni Slice \$3.25
Pepperoni Slice with chips and drink \$5.00

Sandwiches:

Turkey sandwich \$4.50
Turkey sandwich with chips and drink \$5.00
Chicken Caesar wrap \$4.25
Chicken Caesar wrap with chips and drink \$5.50

Snacks: \$1.00

Assorted chips Choc. Chip Cookie Jell-O cups
Nutri-Grain bar Rice Krispies Treat
Plain bagel with cream cheese or butter \$ 2.75

Drinks: \$1.00

Water
White milk
Chocolate milk
Orange juice
Apple juice

Hot Meal of the Day:

Preschool: \$4.50 with Drink \$4.75
K-8: \$5.50 with Drink \$5.75